

TABELLEN VOOR FYSIEKE TESTEN

Geen significant verschil tussen de data van de Side Bridge van 2010 en 2012, dus alle gegevens opgenomen in de analyse.

Voor Biering-Sorensen significant langere duurtijden in 2012, dus enkel de gegevens van 2012 opgenomen in de analyse.

Data niet normaal verdeeld.

SIDE BRIDGE

Geslacht en leeftijdscategorie opgesplitst, aangezien beide factoren significant zijn.

Significant verschil tussen de linker en de rechter side bridge test.

| | Leeftijdscategorie | Geslacht - Sexe | | N |
|--------------------|--------------------|--------------------|-----------|------|
| | | 1 (man) | 2 (vrouw) | |
| Side bridge LEFT | 1 (18 t.e.m. 29 j) | 1 (man) | | 616 |
| | | | 2 (vrouw) | 55 |
| | | Total | | 671 |
| | 2 (30 t.e.m. 39 j) | 1 | | 266 |
| | | | 2 | 49 |
| | | Total | | 315 |
| | 3 (40 t.e.m. 49 j) | 1 | | 437 |
| | | | 2 | 31 |
| | | Total | | 468 |
| | 4 (50 t.e.m. 59 j) | 1 | | 75 |
| | | 2 | 5 | |
| Total | | | 80 | |
| 5 (60 t.e.m. 65 j) | | 1 | 1 | |
| | Total | | 1 | |
| | Total | 1 | | 1395 |
| Side bridge Right | 1 | | 2 | 140 |
| | | Total | | 1535 |
| | | 1 | | 616 |
| | 2 | | 2 | 55 |
| | | Total | | 671 |
| | | 2 | | 266 |
| | 3 | | 2 | 49 |
| | | Total | | 315 |
| | | 3 | | 437 |
| | 4 | | 2 | 31 |
| Total | | | 468 | |
| 4 | | | 75 | |
| 5 | | 2 | 5 | |
| | Total | | 80 | |
| | 5 | | 1 | |
| Total | | 1 | | 1395 |
| | Total | | 2 | 140 |
| | Total | | | 1535 |

Slechts één man van 64 jaar => geen afzonderlijke categorie voor die leeftijd

! Slechts 5 vrouwen in de leeftijdscategorie boven 50 jaar! En slechts 31 vrouwen in de leeftijdscategorie van 40 t.e.m. 49 jaar.

SIDE BRIDGE

Mannen 18 t.e.m. 29 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 618 | 617 |
| | Missing | 7 | 8 |
| Mean | | 95,02 | 94,43 |
| Std. Error of Mean | | 1,377 | 1,273 |
| Std. Deviation | | 34,242 | 31,610 |
| Skewness | | 1,158 | ,605 |
| Std. Error of Skewness | | ,098 | ,098 |
| Kurtosis | | 3,418 | ,965 |
| Std. Error of Kurtosis | | ,196 | ,196 |
| Minimum | | 0 | 5 |
| Maximum | | 302 | 242 |
| 5 | | 47,95 | 49,90 |
| 10 | | 58,90 | 58,00 |
| 15 | | 64,00 | 63,00 |
| 20 | | 69,00 | 68,00 |
| 25 | | 72,75 | 72,00 |
| 30 | | 77,00 | 75,00 |
| 35 | | 80,00 | 80,00 |
| 40 | | 83,00 | 83,20 |
| 45 | | 87,00 | 88,00 |
| Percentiles | 50 | 90,00 | 90,00 |
| | 55 | 93,00 | 95,00 |
| | 60 | 96,00 | 98,00 |
| | 65 | 102,00 | 103,00 |
| | 70 | 106,00 | 109,00 |
| | 75 | 113,00 | 116,50 |
| | 80 | 120,20 | 121,00 |
| | 85 | 125,00 | 126,30 |
| | 90 | 137,00 | 134,00 |
| | 95 | 156,05 | 150,00 |
| 100 | | 302,00 | 242,00 |

Vrouwen 18 t.e.m. 29 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 55 | 56 |
| | Missing | 1 | 0 |
| Mean | | 76,27 | 74,34 |
| Std. Error of Mean | | 4,090 | 3,992 |
| Std. Deviation | | 30,331 | 29,877 |
| Skewness | | ,429 | 1,130 |
| Std. Error of Skewness | | ,322 | ,319 |
| Kurtosis | | -,275 | 3,451 |
| Std. Error of Kurtosis | | ,634 | ,628 |
| Minimum | | 24 | 19 |
| Maximum | | 157 | 191 |
| Percentiles | 5 | 29,60 | 25,70 |
| | 10 | 38,00 | 40,40 |
| | 15 | 43,40 | 45,00 |
| | 20 | 45,00 | 51,80 |
| | 25 | 52,00 | 56,75 |
| | 30 | 59,20 | 64,00 |
| | 35 | 63,00 | 64,00 |
| | 40 | 65,80 | 65,00 |
| | 45 | 70,00 | 69,30 |
| | 50 | 74,00 | 73,50 |
| | 55 | 77,60 | 75,00 |
| | 60 | 82,40 | 78,20 |
| | 65 | 87,40 | 80,10 |
| | 70 | 91,00 | 83,00 |
| | 75 | 94,00 | 88,25 |
| | 80 | 103,20 | 92,80 |
| | 85 | 114,40 | 97,90 |
| 90 | 122,20 | 107,80 | |
| 95 | 127,80 | 135,90 | |
| 100 | 157,00 | 191,00 | |

Mannen 30 t.e.m. 39 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 268 | 266 |
| | Missing | 2 | 4 |
| Mean | | 82,91 | 82,17 |
| Std. Error of Mean | | 2,019 | 2,140 |
| Std. Deviation | | 33,059 | 34,905 |
| Skewness | | ,771 | 2,440 |
| Std. Error of Skewness | | ,149 | ,149 |
| Kurtosis | | 1,482 | 14,813 |
| Std. Error of Kurtosis | | ,297 | ,298 |
| Minimum | | 0 | 24 |
| Maximum | | 219 | 360 |
| 5 | | 35,45 | 37,35 |
| 10 | | 45,00 | 46,70 |
| 15 | | 51,35 | 53,00 |
| 20 | | 57,80 | 57,00 |
| 25 | | 61,00 | 60,00 |
| 30 | | 63,70 | 62,00 |
| 35 | | 68,00 | 67,00 |
| 40 | | 72,00 | 70,00 |
| 45 | | 76,00 | 74,00 |
| Percentiles | 50 | 80,00 | 77,00 |
| | 55 | 83,95 | 82,00 |
| | 60 | 87,00 | 85,20 |
| | 65 | 91,85 | 90,00 |
| | 70 | 94,30 | 93,00 |
| | 75 | 99,75 | 95,25 |
| | 80 | 106,00 | 100,60 |
| | 85 | 118,95 | 116,90 |
| | 90 | 124,20 | 126,00 |
| | 95 | 142,10 | 139,30 |
| 100 | | 219,00 | 360,00 |

Vrouwen 30 t.e.m. 39 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 49 | 49 |
| | Missing | 1 | 1 |
| Mean | | 62,24 | 63,86 |
| Std. Error of Mean | | 4,037 | 4,622 |
| Std. Deviation | | 28,262 | 32,357 |
| Skewness | | ,448 | ,957 |
| Std. Error of Skewness | | ,340 | ,340 |
| Kurtosis | | ,031 | ,695 |
| Std. Error of Kurtosis | | ,668 | ,668 |
| Minimum | | 18 | 17 |
| Maximum | | 140 | 159 |
| 5 | | 20,50 | 20,50 |
| 10 | | 24,00 | 28,00 |
| 15 | | 29,00 | 34,00 |
| 20 | | 33,00 | 36,00 |
| 25 | | 37,50 | 38,00 |
| 30 | | 43,00 | 42,00 |
| 35 | | 46,50 | 45,50 |
| 40 | | 60,00 | 48,00 |
| 45 | | 61,50 | 52,50 |
| Percentiles | 50 | 65,00 | 60,00 |
| | 55 | 68,50 | 66,00 |
| | 60 | 70,00 | 67,00 |
| | 65 | 74,00 | 71,00 |
| | 70 | 76,00 | 76,00 |
| | 75 | 77,00 | 80,50 |
| | 80 | 80,00 | 89,00 |
| | 85 | 91,50 | 95,00 |
| | 90 | 98,00 | 122,00 |
| | 95 | 118,50 | 134,00 |
| 100 | | 140,00 | 159,00 |

Mannen 40 t.e.m. 49 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 439 | 438 |
| | Missing | 3 | 4 |
| Mean | | 76,21 | 74,75 |
| Std. Error of Mean | | 1,550 | 1,429 |
| Std. Deviation | | 32,485 | 29,904 |
| Skewness | | 1,063 | ,868 |
| Std. Error of Skewness | | ,117 | ,117 |
| Kurtosis | | 2,491 | 2,383 |
| Std. Error of Kurtosis | | ,233 | ,233 |
| Minimum | | 10 | 0 |
| Maximum | | 245 | 240 |
| 5 | | 30,00 | 32,00 |
| 10 | | 39,00 | 38,00 |
| 15 | | 45,00 | 44,00 |
| 20 | | 50,00 | 50,00 |
| 25 | | 55,00 | 55,00 |
| 30 | | 60,00 | 60,00 |
| 35 | | 62,00 | 62,00 |
| 40 | | 65,00 | 64,60 |
| 45 | | 68,00 | 68,00 |
| Percentiles | 50 | 71,00 | 71,00 |
| | 55 | 77,00 | 75,00 |
| | 60 | 80,00 | 78,00 |
| | 65 | 85,00 | 82,00 |
| | 70 | 89,00 | 87,00 |
| | 75 | 91,00 | 91,25 |
| | 80 | 96,00 | 99,00 |
| | 85 | 104,00 | 105,00 |
| | 90 | 120,00 | 117,10 |
| | 95 | 132,00 | 123,00 |
| 100 | | 245,00 | 240,00 |

Vrouwen 40 t.e.m. 49 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 32 | 31 |
| | Missing | 0 | 1 |
| Mean | | 72,06 | 73,84 |
| Std. Error of Mean | | 5,490 | 5,644 |
| Std. Deviation | | 31,055 | 31,422 |
| Skewness | | ,080 | ,496 |
| Std. Error of Skewness | | ,414 | ,421 |
| Kurtosis | | -,543 | 1,902 |
| Std. Error of Kurtosis | | ,809 | ,821 |
| Minimum | | 9 | 10 |
| Maximum | | 130 | 170 |
| 5 | | 18,75 | 17,20 |
| 10 | | 30,60 | 27,00 |
| 15 | | 34,85 | 43,80 |
| 20 | | 43,60 | 48,20 |
| 25 | | 47,00 | 58,00 |
| 30 | | 55,40 | 62,80 |
| 35 | | 60,55 | 64,40 |
| 40 | | 63,40 | 66,80 |
| 45 | | 67,55 | 69,60 |
| Percentiles | 50 | 70,50 | 72,00 |
| | 55 | 77,30 | 74,60 |
| | 60 | 79,80 | 80,60 |
| | 65 | 82,90 | 83,00 |
| | 70 | 84,50 | 89,40 |
| | 75 | 95,75 | 95,00 |
| | 80 | 101,20 | 100,00 |
| | 85 | 105,75 | 105,20 |
| | 90 | 120,00 | 106,80 |
| | 95 | 128,70 | 132,20 |
| 100 | | 130,00 | 170,00 |

Mannen 50 t.e.m. 59 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 76 | 76 |
| | Missing | 1 | 1 |
| Mean | | 72,83 | 67,95 |
| Std. Error of Mean | | 3,791 | 2,927 |
| Std. Deviation | | 33,046 | 25,516 |
| Skewness | | ,724 | ,366 |
| Std. Error of Skewness | | ,276 | ,276 |
| Kurtosis | | ,162 | -,503 |
| Std. Error of Kurtosis | | ,545 | ,545 |
| Minimum | | 19 | 22 |
| Maximum | | 163 | 138 |
| 5 | | 23,40 | 30,00 |
| 10 | | 31,00 | 35,00 |
| 15 | | 39,10 | 39,10 |
| 20 | | 50,80 | 44,40 |
| 25 | | 54,00 | 49,25 |
| 30 | | 55,10 | 52,00 |
| 35 | | 58,95 | 54,90 |
| 40 | | 60,80 | 60,00 |
| 45 | | 62,00 | 61,00 |
| Percentiles | 50 | 65,00 | 64,00 |
| | 55 | 67,00 | 65,00 |
| | 60 | 73,20 | 69,80 |
| | 65 | 81,15 | 79,05 |
| | 70 | 86,00 | 84,70 |
| | 75 | 90,00 | 90,00 |
| | 80 | 95,00 | 91,60 |
| | 85 | 114,45 | 96,35 |
| | 90 | 123,90 | 103,60 |
| | 95 | 141,75 | 113,15 |
| 100 | | 163,00 | 138,00 |

Vrouwen 50 t.e.m. 59 jaar:

Statistics

| | | Side bridge LEFT | Side bridge Right |
|------------------------|---------|---------------------|----------------------|
| N | Valid | 5 | 5 |
| | Missing | 0 | 0 |
| Mean | | 57,40 | 63,60 |
| Std. Error of Mean | | 5,767 | 19,853 |
| Std. Deviation | | 12,896 | 44,394 |
| Skewness | | -1,500 | ,481 |
| Std. Error of Skewness | | ,913 | ,913 |
| Kurtosis | | 2,434 | 1,801 |
| Std. Error of Kurtosis | | 2,000 | 2,000 |
| Minimum | | 36 | 6 |
| Maximum | | 68 | 130 |
| Percentiles | 5 | 36,00 | 6,00 |
| | 10 | 36,00 | 6,00 |
| | 15 | 36,00 | 6,00 |
| | 20 | 40,20 | 16,00 |
| | 25 | 46,50 | 31,00 |
| | 30 | 52,80 | 46,00 |
| | 35 | 57,20 | 56,00 |
| | 40 | 57,80 | 56,00 |
| | 45 | 58,40 | 56,00 |
| | 50 | 59,00 | 56,00 |
| | 55 | 61,40 | 60,20 |
| | 60 | 63,80 | 64,40 |
| | 65 | 66,20 | 68,60 |
| | 70 | 67,20 | 82,00 |
| | 75 | 67,50 | 100,00 |
| | 80 | 67,80 | 118,00 |
| | 85 | . | . |
| 90 | . | . | |
| 95 | . | . | |
| 100 | 68,00 | 130,00 | |

BIERING SÖRENSEN

Geslacht en leeftijdscategorie opgesplitst, aangezien beide factoren significant zijn.

Slechts één man van 64 jaar => geen afzonderlijke categorie voor die leeftijd

! Slechts 3 vrouwen in de leeftijdscategorie boven 50 jaar! En slechts 12 vrouwen in de leeftijdscategorieën van 40 t.e.m. 49 jaar!

In overeenkomst met meeste andere onderzoeken dat de vrouwen deze test langer volhouden dan de mannen.

Mannen 18 t.e.m. 29 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|--------|
| N | Valid | 429 |
| | Missing | 7 |
| Mean | | 170,54 |
| Std. Error of Mean | | 2,854 |
| Std. Deviation | | 59,117 |
| Skewness | | ,998 |
| Std. Error of Skewness | | ,118 |
| Kurtosis | | 2,392 |
| Std. Error of Kurtosis | | ,235 |
| Minimum | | 3 |
| Maximum | | 460 |
| Percentiles | 5 | 92,00 |
| | 10 | 103,00 |
| | 15 | 117,00 |
| | 20 | 121,00 |
| | 25 | 127,50 |
| | 30 | 132,00 |
| | 35 | 140,00 |
| | 40 | 150,00 |
| | 45 | 154,00 |
| | 50 | 170,00 |
| | 55 | 180,00 |
| | 60 | 181,00 |
| | 65 | 184,00 |
| | 70 | 191,00 |
| | 75 | 200,50 |
| | 80 | 210,00 |
| 85 | 222,00 | |
| 90 | 241,00 | |
| 95 | 271,00 | |
| 100 | 460,00 | |

Vrouwen 18 t.e.m. 29 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|--------|
| N | Valid | 41 |
| | Missing | 1 |
| Mean | | 219,93 |
| Std. Error of Mean | | 10,180 |
| Std. Deviation | | 65,186 |
| Skewness | | ,481 |
| Std. Error of Skewness | | ,369 |
| Kurtosis | | ,004 |
| Std. Error of Kurtosis | | ,724 |
| Minimum | | 102 |
| Maximum | | 376 |
| Percentiles | 5 | 120,90 |
| | 10 | 138,20 |
| | 15 | 150,00 |
| | 20 | 151,20 |
| | 25 | 180,50 |
| | 30 | 181,00 |
| | 35 | 185,70 |
| | 40 | 192,80 |
| | 45 | 209,50 |
| | 50 | 219,00 |
| | 55 | 240,10 |
| | 60 | 241,20 |
| | 65 | 242,30 |
| | 70 | 243,40 |
| | 75 | 247,50 |
| | 80 | 261,00 |
| | 85 | 291,40 |
| 90 | 322,00 | |
| 95 | 364,20 | |
| 100 | 376,00 | |

Mannen 30 t.e.m. 39 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|--------|
| N | Valid | 139 |
| | Missing | 2 |
| Mean | | 145,95 |
| Std. Error of Mean | | 4,706 |
| Std. Deviation | | 55,488 |
| Skewness | | 2,016 |
| Std. Error of Skewness | | ,206 |
| Kurtosis | | 9,029 |
| Std. Error of Kurtosis | | ,408 |
| Minimum | | 61 |
| Maximum | | 481 |
| Percentiles | 5 | 72,00 |
| | 10 | 88,00 |
| | 15 | 94,00 |
| | 20 | 103,00 |
| | 25 | 112,00 |
| | 30 | 120,00 |
| | 35 | 121,00 |
| | 40 | 123,00 |
| | 45 | 125,00 |
| | 50 | 135,00 |
| | 55 | 145,00 |
| | 60 | 150,00 |
| | 65 | 153,00 |
| | 70 | 180,00 |
| | 75 | 181,00 |
| | 80 | 183,00 |
| | 85 | 190,00 |
| 90 | 205,00 | |
| 95 | 242,00 | |
| 100 | 481,00 | |

Vrouwen 30 t.e.m. 39 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|---------|
| N | Valid | 34 |
| | Missing | 0 |
| Mean | | 199,32 |
| Std. Error of Mean | | 18,944 |
| Std. Deviation | | 110,459 |
| Skewness | | 2,536 |
| Std. Error of Skewness | | ,403 |
| Kurtosis | | 8,859 |
| Std. Error of Kurtosis | | ,788 |
| Minimum | | 83 |
| Maximum | | 662 |
| Percentiles | 5 | 88,25 |
| | 10 | 96,50 |
| | 15 | 104,00 |
| | 20 | 112,00 |
| | 25 | 129,75 |
| | 30 | 151,00 |
| | 35 | 155,25 |
| | 40 | 160,00 |
| | 45 | 175,00 |
| | 50 | 180,50 |
| | 55 | 181,25 |
| | 60 | 183,00 |
| | 65 | 214,25 |
| | 70 | 221,00 |
| | 75 | 240,50 |
| | 80 | 247,00 |
| | 85 | 253,50 |
| 90 | 315,00 | |
| 95 | 480,50 | |
| 100 | 662,00 | |

Mannen 40 t.e.m. 49 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|--------|
| N | Valid | 185 |
| | Missing | 0 |
| Mean | | 146,93 |
| Std. Error of Mean | | 4,311 |
| Std. Deviation | | 58,640 |
| Skewness | | 1,039 |
| Std. Error of Skewness | | ,179 |
| Kurtosis | | 1,711 |
| Std. Error of Kurtosis | | ,355 |
| Minimum | | 18 |
| Maximum | | 364 |
| Percentiles | 5 | 62,30 |
| | 10 | 79,20 |
| | 15 | 90,00 |
| | 20 | 99,40 |
| | 25 | 111,50 |
| | 30 | 120,00 |
| | 35 | 120,00 |
| | 40 | 122,80 |
| | 45 | 130,00 |
| | 50 | 135,00 |
| | 55 | 144,30 |
| | 60 | 149,60 |
| | 65 | 157,90 |
| | 70 | 179,20 |
| | 75 | 180,00 |
| | 80 | 185,00 |
| | 85 | 196,20 |
| 90 | 213,20 | |
| 95 | 267,90 | |
| 100 | 364,00 | |

Vrouwen 40 t.e.m. 49 jaar:

Statistics

Biering-Sörensen

| | | |
|------------------------|---------|--------|
| N | Valid | 12 |
| | Missing | 0 |
| Mean | | 192,00 |
| Std. Error of Mean | | 17,615 |
| Std. Deviation | | 61,022 |
| Skewness | | ,557 |
| Std. Error of Skewness | | ,637 |
| Kurtosis | | -,737 |
| Std. Error of Kurtosis | | 1,232 |
| Minimum | | 105 |
| Maximum | | 303 |
| Percentiles | 5 | 105,00 |
| | 10 | 111,90 |
| | 15 | 126,85 |
| | 20 | 144,20 |
| | 25 | 155,25 |
| | 30 | 155,90 |
| | 35 | 160,95 |
| | 40 | 165,00 |
| | 45 | 165,00 |
| | 50 | 172,50 |
| | 55 | 180,00 |
| | 60 | 180,00 |
| | 65 | 208,35 |
| | 70 | 244,00 |
| | 75 | 250,50 |
| | 80 | 260,20 |
| 85 | 272,60 | |
| 90 | 293,40 | |
| 95 | . | |
| 100 | 303,00 | |

Mannen 50 t.e.m. 59 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|--------|
| N | Valid | 34 |
| | Missing | 0 |
| Mean | | 148,03 |
| Std. Error of Mean | | 9,357 |
| Std. Deviation | | 54,561 |
| Skewness | | -,093 |
| Std. Error of Skewness | | ,403 |
| Kurtosis | | ,048 |
| Std. Error of Kurtosis | | ,788 |
| Minimum | | 11 |
| Maximum | | 248 |
| Percentiles | 5 | 47,75 |
| | 10 | 84,00 |
| | 15 | 91,00 |
| | 20 | 104,00 |
| | 25 | 120,00 |
| | 30 | 120,00 |
| | 35 | 121,00 |
| | 40 | 125,00 |
| | 45 | 129,00 |
| | 50 | 147,50 |
| | 55 | 149,25 |
| | 60 | 178,00 |
| | 65 | 180,00 |
| | 70 | 180,00 |
| | 75 | 180,00 |
| | 80 | 181,00 |
| | 85 | 210,50 |
| 90 | 236,50 | |
| 95 | 244,25 | |
| 100 | 248,00 | |

Vrouwen 50 t.e.m. 59 jaar:

Statistics

Biering-Sørensen

| | | |
|------------------------|---------|--------|
| N | Valid | 3 |
| | Missing | 0 |
| Mean | | 240,67 |
| Std. Error of Mean | | 44,667 |
| Std. Deviation | | 77,365 |
| Skewness | | 1,732 |
| Std. Error of Skewness | | 1,225 |
| Minimum | | 196 |
| Maximum | | 330 |
| Percentiles | 5 | 196,00 |
| | 10 | 196,00 |
| | 15 | 196,00 |
| | 20 | 196,00 |
| | 25 | 196,00 |
| | 30 | 196,00 |
| | 35 | 196,00 |
| | 40 | 196,00 |
| | 45 | 196,00 |
| | 50 | 196,00 |
| | 55 | 222,80 |
| | 60 | 249,60 |
| | 65 | 276,40 |
| | 70 | 303,20 |
| | 75 | . |
| | 80 | . |
| | 85 | . |
| 90 | . | |
| 95 | . | |
| 100 | 330,00 | |

STEL DAT GEKOZEN WORDT VOOR PERCENTIEL 30

Tijden uitgedrukt in seconden!

| | Mannen | | Vrouwen | |
|-----------|-------------------|--------------------|-------------------|--------------------|
| | Side Bridge Links | Side Bridge Rechts | Side Bridge Links | Side Bridge Rechts |
| 18 tem 29 | 77 | 75 | 59,20 | 64 |
| 30 tem 39 | 63,70 | 62 | 43 | 42 |
| 40 tem 49 | 60 | 60 | 55,40 | 62,80 |
| 50 tem 59 | 55.10 | 52 | 52,8 | 46 |

| | Mannen | Vrouwen |
|-----------|--------|---------|
| 18 tem 29 | 132 | 181 |
| 30 tem 39 | 120 | 151 |
| 40 tem 49 | 120 | 155,90 |
| 50 tem 59 | 120 | 196 |